

South Florida

# Community Resource Guide

Provided by the Valdivia Home Team

Updated 2026

*The following list includes known providers of services across Miami-Dade and Broward counties. It is being provided for informational purposes only. No assurances, guarantees, endorsements, or recommendations are being made. It is the responsibility of the user to determine whether any provider meets their specific needs. This list is not all-inclusive.*

## Emergency & Crisis Resources

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### **211 Helpline (United Way)**

Free, confidential referral service connecting callers to health and human services 24/7. Available in English, Spanish, and Creole. Can connect you with housing, food, utility, and mental health resources.

**Dial 2-1-1 or text 898211**

### **988 Suicide & Crisis Lifeline**

Free, confidential support for people in distress. Call, text, or chat 24/7. Trained counselors are available around the clock.

**Call or text 988 | [988lifeline.org](https://988lifeline.org)**

### **Crisis Text Line**

Free 24/7 crisis support via text message for anyone in emotional distress.

**Text HOME to 741741**

### **HOPE NOW Alliance**

Free 24-hour mortgage counseling hotline in multiple languages for homeowners struggling with payments.

**1-888-995-HOPE (4673)**

### **National Domestic Violence Hotline**

Safety planning, resources, and support for survivors of domestic violence. Confidential, 24/7.

**1-800-799-7233 (SAFE) | [thehotline.org](https://thehotline.org)**

### **Florida Abuse Hotline**

Report abuse, neglect, or exploitation of children, elderly, or disabled adults in Florida.

**1-800-962-2873 | [reportabuse.dcf.state.fl.us](https://reportabuse.dcf.state.fl.us)**

### **Poison Control Center**

Immediate expert guidance for poisoning emergencies, 24/7.

**1-800-222-1222**

### **SAMHSA National Helpline**

Free, confidential 24/7 referral and information service for substance use and mental health disorders.

**1-800-662-4357 | [samhsa.gov](https://samhsa.gov)**

# Foreclosure Prevention & Housing Counseling

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## Miami-Dade County

### Miami-Dade County Housing Advocacy Hotline

Connect with housing advocates for foreclosure prevention resources, mortgage assistance, and emergency housing support.

786-469-4545 | [housing@miamidade.gov](mailto:housing@miamidade.gov)

### Miami-Dade Foreclosure Prevention Portal

County foreclosure information with resources for homeowners, including lis pendens search and assistance programs.

[miamidade.gov/business/foreclosure-prevention.asp](http://miamidade.gov/business/foreclosure-prevention.asp)

### Vision to Victory Human Services Corp.

HUD-certified housing counseling agency offering free credit counseling, pre-purchase counseling, loss mitigation, and foreclosure prevention counseling.

305-691-3464 | 13230 NW 7th Ave, Miami, FL 33168

### Neighborhood Housing Services of South Florida

HUD-approved nonprofit providing foreclosure intervention, financial coaching, homebuyer education, and down payment assistance.

305-751-5511 | [nhssf.org](http://nhssf.org)

### Miami-Dade Office of Housing Advocacy

Provides mediation and advocacy services between homeowners and lenders to prevent foreclosure.

786-469-4545 | Overtown Transit Village, 701 NW 1st Ct, 16th Floor, Miami

## Broward County

### Broward Legal Aid — Foreclosure Prevention

Free legal advice, counsel, and representation for income-eligible clients in bank foreclosure defense, condo association foreclosure, and housing rights.

954-765-8950 | [browardlegalaid.org](http://browardlegalaid.org)

### Urban League of Broward County

Free foreclosure prevention counseling, first-time homebuyer workshops, debt reduction counseling, and financial literacy classes.

954-584-0777 | [ulbroward.org](http://ulbroward.org)

### Broward County Housing Authority

Manages Housing Choice Voucher (Section 8) program and provides HUD-certified housing counseling.

954-739-1114

### Helpful Hands — Foreclosure Prevention

Free foreclosure counseling and mortgage assistance for homeowners in Pompano Beach and Fort Lauderdale area. Workshops and mediator services.

954-943-1010

### City of Miramar Housing Counseling Partnership

Free foreclosure prevention counseling, reverse mortgage counseling, pre- and post-purchase counseling, fair housing assistance, and budgeting help for Miramar residents.

954-602-3100

## Statewide Resources

### Florida Homeowner Assistance Fund (HAF)

State-administered program offering relief for mortgage payments, property taxes, insurance, HOA fees, and utility costs for homeowners who experienced financial hardship after January 2020.

833-987-8997 | [floridahaf.org](http://floridahaf.org)

### HUD-Approved Housing Counselors (Florida)

Free or low-cost foreclosure prevention counseling from certified agencies across the state.

1-800-569-4287 | [hud.gov/states/florida](http://hud.gov/states/florida)

### Florida Attorney General — Foreclosure Tips

Official state guidance on protecting yourself from mortgage rescue scams and understanding your rights as a homeowner.

[myfloridalegal.com](http://myfloridalegal.com) | 866-966-7226

### Florida Housing Finance Corporation

Statewide programs including down payment assistance, affordable rental housing, and homebuyer education.

850-488-4197 | [floridahousing.org](http://floridahousing.org)

## Free Legal Assistance

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### Miami-Dade County

#### Legal Services of Greater Miami

Free civil legal help for low-income Miami-Dade residents including foreclosure defense, landlord-tenant issues, consumer rights, public benefits, and immigration.

305-576-0080 | [lsgmi.org](http://lsgmi.org)

#### Dade County Pro Bono — Self Help Resources

Free legal resource portal for Miami-Dade residents with links to court self-help, housing assistance, and legal aid referrals.

[dadecountyprobono.org](http://dadecountyprobono.org)

#### 11th Judicial Circuit — Self Help Program

Free assistance for self-represented litigants in Miami-Dade courts, including foreclosure, family law, and small claims cases.

305-349-7777

#### Americans for Immigrant Justice

Free and low-cost immigration legal services for immigrants and refugees in South Florida.

305-573-1106 | [aijustice.org](http://aijustice.org)

### Broward County

#### Broward Legal Aid

Free legal services for income-eligible Broward residents including foreclosure prevention, eviction defense, fair housing, and veterans services.

954-765-8950 | [browardlegalaid.org](http://browardlegalaid.org)

#### Coast to Coast Legal Aid of South Florida

Free civil legal services including family law, elder law, economic advocacy, and community health law for eligible Broward residents.

954-736-2400 | [coasttocoastlegalaid.org](http://coasttocoastlegalaid.org)

## Statewide

### Florida Legal Services

Statewide legal aid referral network connecting low-income Floridians with free legal assistance for housing, benefits, and consumer issues.

[floridalegal.org](http://floridalegal.org)

### Florida Bar Lawyer Referral Service

Referral to a Florida Bar member attorney for a 30-minute consultation for \$25.

1-800-342-8011 | [floridabar.org](http://floridabar.org)

## Housing Assistance & Shelters

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### Miami-Dade County

#### Miami-Dade Housing & Community Development

Section 8 vouchers, public housing, affordable homeownership programs, down payment assistance, and infill housing for low-to-moderate income residents.

786-469-4100 | [miamidade.gov/housing](http://miamidade.gov/housing)

#### Miami-Dade Homeless Trust

Central coordinating agency for homeless services. Emergency shelter, transitional housing, rapid re-housing, and outreach.

305-375-1490 | [homelesstrust.org](http://homelesstrust.org)

#### Camillus House

Emergency shelter, supportive housing, health services, substance abuse treatment, and workforce development for homeless individuals and families.

305-374-1065 | [camillus.org](http://camillus.org) | 1603 NW 7th Ave, Miami

#### Chapman Partnership — North & South

Emergency shelter and comprehensive services for homeless men, women, and families. Case management, job training, and health services.

305-329-3000 (North) | 305-329-3050 (South) | [chapmanpartnership.org](http://chapmanpartnership.org)

#### Lotus House Women's Shelter

Largest women's shelter in the U.S. Serves homeless women, youth, and children with shelter, meals, health, legal, education, and job training services.

305-438-0556 | [lotushouse.org](http://lotushouse.org) | 217 NW 15th St, Miami

#### Miami Rescue Mission

Overnight shelter, meals, life recovery programs, and transition housing for men in crisis.

305-571-2273 | [miamirescuemission.com](http://miamirescuemission.com) | 2020 NW 1st Ave, Miami

#### Citrus Health Network — Housing Programs

Supportive housing, transitional living, and case management for individuals with mental health and substance use disorders.

305-825-0300 | [citrushealth.org](http://citrushealth.org)

### Broward County

### **Broward Partnership for the Homeless**

Emergency shelter, food, case management, health care, and support services.

**954-779-3990 | [bphi.org](http://bphi.org) | 920 NW 7th Ave, Ft. Lauderdale**

### **Salvation Army — Broward**

Emergency shelter, food pantry, utility assistance, disaster relief, and social services.

**954-712-2435 | [salvationarmyflorida.org](http://salvationarmyflorida.org) | 1445 W Broward Blvd, Ft. Lauderdale**

### **Broward Outreach Centers (Caring Place)**

Shelter, meals, case management, and recovery programs for homeless individuals and families.

**954-620-4025 | [caringplace.org](http://caringplace.org) | 2056 Scott St, Hollywood**

### **Covenant House Florida**

Crisis shelter and support services for homeless and trafficked youth ages 18-24.

**954-561-5559 | [covenanthousefl.org](http://covenanthousefl.org) | 733 Breakers Ave, Ft. Lauderdale**

### **HOPE South Florida**

Homeless outreach, rapid re-housing, and stabilization services across Broward County.

**954-566-2577 | [hopesouthflorida.org](http://hopesouthflorida.org)**

## **Domestic Violence Services**

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### **Safespace (Miami-Dade)**

24-hour crisis shelter, counseling, legal advocacy, and support groups for survivors of domestic violence and their children.

**305-758-2546 (Hotline) | [safespacefl.org](http://safespacefl.org)**

### **Coordinated Victims Assistance Center (Miami-Dade)**

One-stop center providing legal, counseling, and advocacy services for victims of domestic violence and sexual assault.

**305-285-5900 | [miamidade.gov](http://miamidade.gov)**

### **Women in Distress of Broward County**

24-hour crisis hotline, emergency shelter, counseling, legal advocacy, children's services, and economic empowerment for domestic violence survivors.

**954-761-1133 (Hotline) | [womenindistress.org](http://womenindistress.org)**

### **Nancy J. Cotterman Center (Broward)**

Services for victims of sexual assault including forensic exams, crisis counseling, and victim advocacy. Open 24/7.

**954-357-5775 | [broward.org](http://broward.org)**

### **Florida Domestic Violence Hotline**

Statewide hotline providing crisis intervention, safety planning, and referrals to local shelters and services.

**1-800-500-1119**

## **Food Assistance**

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### **Regional**

## **Feeding South Florida**

Largest food bank in South Florida distributing millions of meals across Miami-Dade, Broward, Palm Beach, and Monroe counties. Find a distribution site near you.

**954-518-1818 | [feedingsouthflorida.org](http://feedingsouthflorida.org)**

## **Farm Share**

Free food distribution to families in need at multiple locations across South Florida. No ID or proof of income required at most sites.

**305-246-3276 | [farmshare.org](http://farmshare.org)**

## **SNAP / Food Stamps (Florida DCF)**

Apply online for food assistance benefits through the Florida Department of Children and Families.

**866-762-2237 | [myflfamilies.com/programs/access](http://myflfamilies.com/programs/access)**

## **Miami-Dade County**

### **Community Action & Human Services (Miami-Dade)**

Emergency food assistance, SNAP application help, workforce development, and family support at multiple locations throughout Miami-Dade.

**786-469-4600 | [miamidade.gov/global/socialservices](http://miamidade.gov/global/socialservices)**

### **Food For Life Network**

Provides free meals and food distribution to underserved communities throughout Miami-Dade County.

**305-573-0105 | 3510 Biscayne Blvd, Suite 209, Miami**

### **Curley's House of Style — Food Pantry**

Weekly food distribution for Miami-Dade residents in need. No appointment necessary for walk-in pantry hours.

**305-638-6771 | 5100 NW 24th Ave, Miami**

### **Touching Miami with Love**

Food pantry, after-school programs, and family support services in Overtown and surrounding communities.

**305-424-0555 | [touchingmiami.org](http://touchingmiami.org)**

## **Broward County**

### **Broward Project Lifeline**

Coordinates delivery of fresh food (fruits, vegetables, meats, grains) to 33+ food pantries across Broward.

**954-745-9779 (Area Agency on Aging)**

### **Pantry of Broward**

Emergency food assistance by appointment. Serves Broward residents in need.

**954-358-1481 | [thepantryofbroward.org](http://thepantryofbroward.org) | 2800 W State Rd 84, Ft. Lauderdale**

### **Cooperative Feeding Program**

Food pantry and distribution serving the Lauderhill community and surrounding areas.

**954-792-2328 | 1 NW 33rd Terrace, Lauderhill**

### **Gateway Community Outreach**

Food pantry and community services for Deerfield Beach and surrounding areas.

**954-725-8434 | [gcoflorida.org](http://gcoflorida.org) | 291 SE 1st Terrace, Deerfield Beach**

### **Hope Outreach Center (Davie)**

Food pantry, financial assistance, and DCF application help for Broward families.

**954-321-0909 | [hopeoutreachfl.org](http://hopeoutreachfl.org) | 4700 SW 64th Ave, Suite A, Davie**

## Utility & Financial Assistance

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### **FPL Care to Share**

Florida Power and Light bill assistance providing up to \$500 once per 12-month period for qualifying customers through local nonprofit partners.

**800-468-8243 (FPL Customer Service)**

### **LIHEAP (Low Income Home Energy Assistance)**

Federally funded program helping low-income households with energy costs. Available seasonally.

**305-347-4622 (Miami-Dade) | 954-358-6868 (Broward)**

### **Miami-Dade Community Action Agency**

Emergency financial assistance for rent, utilities, and other crisis needs for income-eligible residents.

**786-469-4600**

### **Broward County Family Success Centers**

Emergency financial assistance for rent, mortgages, and utilities at multiple locations. Income qualification required.

**Dial 2-1-1 for nearest location**

### **Goodman Jewish Family Services (Broward)**

Short-term financial assistance for food, rent, utilities, and prescription medications for individuals and families in crisis.

**954-370-2140**

### **City of Sunrise Social Services**

Limited financial assistance with utility payments, medical equipment loans, food pantry, and crisis closet for Sunrise residents.

**954-746-3670 | 10650 W Oakland Park Blvd, Sunrise**

### **Catholic Charities of the Archdiocese of Miami**

Emergency financial assistance for rent, utilities, food, and other basic needs. Multiple locations across Miami-Dade and Broward.

**305-754-2444 | [ccadm.org](http://ccadm.org)**

### **St. Vincent de Paul — South Florida**

Emergency financial assistance for rent, utilities, and basic needs through local parish conferences. Call your nearest Catholic church for referral.

**[svdpusa.org](http://svdpusa.org)**

### **Free Internet: FCC Affordable Connectivity Program**

The FCC's program provides eligible households with a discount on internet service. Check current availability and eligibility.

**[affordableconnectivity.gov](http://affordableconnectivity.gov) | 877-384-2575**

## Mental Health & Counseling

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### **Miami-Dade County**

#### **Jackson Behavioral Health Hospital**

Full-spectrum psychiatric and behavioral health services including crisis stabilization, inpatient, outpatient, and addiction services.

**305-355-8020 | [jacksonhealth.org](http://jacksonhealth.org) | 1695 NW 9th Ave, Miami**

### **Banyan Health Systems**

Community mental health and substance abuse treatment services for adults, children, and families at multiple Miami-Dade locations.

**305-858-3335 | [banyanhealth.org](http://banyanhealth.org)**

### **Citrus Health Network**

Comprehensive mental health, substance abuse, developmental disability, and social services throughout Miami-Dade.

**305-825-0300 | [citrushealth.org](http://citrushealth.org)**

### **NAMI Greater Miami**

Free support groups, family education programs, and crisis resources for individuals and families affected by mental illness.

**305-665-2544 | [namimiami.org](http://namimiami.org)**

## **Broward County**

### **Henderson Behavioral Health**

Comprehensive mental health, substance abuse treatment, and crisis services for adults, children, and families. 24-hour crisis line.

**954-463-0911 (24-hour crisis) | [hendersonbh.org](http://hendersonbh.org)**

### **Mental Health America of Southeast Florida**

Mental health education, advocacy, referrals, and the Broward Connections community resource directory.

**954-746-2055 | [mha-broward.org](http://mha-broward.org) | [browardconnections.org](http://browardconnections.org)**

### **Memorial Healthcare System — Behavioral Health**

Inpatient and outpatient behavioral health services for adults and children across Broward.

**954-265-5434 | [mhs.net](http://mhs.net)**

### **United Way of Broward — MISSION UNITED**

Support for veterans transitioning to civilian life including mental health referrals, housing, employment, and legal assistance.

**[unitedwaybroward.org/mission-united](http://unitedwaybroward.org/mission-united)**

## **Substance Abuse Treatment**

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### **SAMHSA National Helpline**

Free, confidential 24/7 referral and information service for substance use and mental health disorders in English and Spanish.

**1-800-662-4357 | [findtreatment.gov](http://findtreatment.gov)**

### **Here's Help (Miami-Dade)**

Miami-Dade County's substance abuse and behavioral health resource center offering referrals and support.

**305-547-3070**

### **South Florida Behavioral Health Network**

Managing entity for publicly funded substance abuse and mental health services in Miami-Dade and Monroe counties.

**305-774-3616 | [sfbhn.org](http://sfbhn.org)**

### **Broward Addiction Recovery Center (BARC)**

Detoxification, residential, and outpatient substance abuse treatment services for Broward County residents.

**954-357-4600 | [broward.org](http://broward.org)**

### **Al-Anon / Alateen — South Florida**

Support groups for families and friends of alcoholics. Find local meeting times and locations.

[al-anon.org](http://al-anon.org) | 888-425-2666

### **Narcotics Anonymous — South Florida**

Free support group meetings for individuals recovering from drug addiction. Meetings throughout South Florida.

[nasouthflorida.org](http://nasouthflorida.org)

## **Children & Family Services**

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### **Miami-Dade County**

#### **The Children's Trust**

Funds and supports programs for children and families including after-school care, health services, parenting support, and early childhood development.

305-571-5700 | [thechildrenstrust.org](http://thechildrenstrust.org)

#### **Early Learning Coalition of Miami-Dade / Monroe**

Subsidized child care for low-income working families, school readiness programs, and VPK enrollment.

305-646-7220 | [elcmdm.org](http://elcmdm.org)

#### **Healthy Start (Miami-Dade)**

Free prenatal and postnatal services for pregnant women and new mothers including health screenings, parenting education, and referrals.

800-451-2229

#### **Miami-Dade Head Start / Early Head Start**

Free early childhood education, health, nutrition, and parent involvement services for income-eligible families with children 0-5.

305-513-5700

### **Broward County**

#### **Children's Services Council of Broward County**

Programs and resources for children birth to age 18 including child care, health care, and family strengthening.

954-377-1000 | [cscbroward.org](http://cscbroward.org)

#### **Early Learning Coalition of Broward County**

Subsidized child care, school readiness, and VPK enrollment assistance for working families.

954-377-2188 | [elcbroward.org](http://elcbroward.org)

#### **Broward Children's Center**

Services for children with developmental delays and disabilities including early intervention, therapy, and family support.

954-792-3890 | [browardchildrenscenter.org](http://browardchildrenscenter.org)

#### **Kids in Distress (KID)**

Child abuse prevention and treatment, foster care, and family counseling services.

954-390-7654 | [kidsindistress.org](http://kidsindistress.org)

## **Healthcare Services**

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## Miami-Dade County

### Community Health of South Florida (CHI)

Affordable medical, dental, and behavioral health services on a sliding fee scale at multiple South Miami-Dade locations.

**305-252-4820 | [chisouthfl.org](http://chisouthfl.org)**

### Jackson Health System

Miami-Dade's public health system providing emergency, primary, and specialty care regardless of ability to pay. Multiple locations.

**305-585-1111 | [jacksonhealth.org](http://jacksonhealth.org)**

### Jessie Trice Community Health System

Comprehensive primary care, dental, behavioral health, and pharmacy services for underserved communities in Miami-Dade.

**305-637-6400 | [jessietrice.org](http://jessietrice.org)**

### Borinquen Medical Centers

Federally qualified health center providing medical, dental, behavioral health, and pharmacy services at multiple Miami-Dade locations.

**305-576-6611 | [borinquenhealth.org](http://borinquenhealth.org)**

## Broward County

### Broward Health

Public hospital system serving Broward County with emergency, primary, and specialty care at four hospitals and multiple clinics.

**954-473-7100 | [browardhealth.org](http://browardhealth.org)**

### Memorial Healthcare System

Not-for-profit health system with six hospitals, urgent care centers, and primary care clinics across Broward County.

**954-987-2000 | [mhs.net](http://mhs.net)**

### Broward Community & Family Health Centers

Federally qualified health center providing medical, dental, and pharmacy services on a sliding fee scale.

**954-967-0028 | [bcfhc.org](http://bcfhc.org)**

## Statewide / Insurance

### Florida KidCare

Affordable health insurance for children birth through age 18. Free or low-cost based on income.

**888-540-5437 | [floridakidcare.org](http://floridakidcare.org)**

### Medicaid / Florida ACCESS

Apply for Medicaid, food assistance, and temporary cash assistance through the Florida DCF online portal.

**[myflfamilies.com/programs/access](http://myflfamilies.com/programs/access)**

### ACA Marketplace (Healthcare.gov)

Enroll in affordable health insurance plans through the federal marketplace. Financial assistance available based on income.

**[healthcare.gov](http://healthcare.gov) | 1-800-318-2596**

## Dental Care

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### **Community Smiles (Miami-Dade)**

Nonprofit dental clinic providing affordable dental care for uninsured, low-income children and families. Sliding fee scale. Preventive and specialty care.

**305-363-2222 | [csmiles.org](http://csmiles.org) | 750 NW 20th St, Miami**

### **Caring for Miami — Mobile Dental Clinic**

Free dental care (exams, cleanings, extractions, sealants) via mobile unit serving low-income, uninsured individuals across Miami-Dade.

**786-800-2648 | [caringformiami.org](http://caringformiami.org)**

### **UF Hialeah Dental Clinic**

Low-cost dental services provided by dental residents under faculty supervision.

**305-694-5400 | 750 E 25th St, Hialeah**

### **Jackson Memorial Hospital — UM Dental Clinic**

Comprehensive dental services at reduced cost through the University of Miami dental residency program.

**305-585-6857 | 1611 NW 12th Ave, Miami**

### **Miami Dade College Dental Hygiene Clinic**

Low-cost preventive dental services (cleanings, fluoride, X-rays) performed by supervised students.

**305-237-4142 | 950 NW 20th St, Miami**

### **Nova Southeastern University Dental Clinic (Broward)**

Comprehensive dental services at reduced rates provided by supervised dental students.

**954-262-7500 | [dental.nova.edu](http://dental.nova.edu) | 3200 S University Dr, Davie**

## **Senior Services**

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### **Miami-Dade County**

#### **Alliance for Aging (Area Agency on Aging — Miami-Dade)**

Information, referral, and access to services for seniors 60+ including meals, transportation, case management, caregiver support, and health insurance counseling.

**305-670-6500 | [allianceforaging.org](http://allianceforaging.org)**

#### **Miami-Dade Meals on Wheels**

Home-delivered meals for homebound seniors and adults with disabilities throughout Miami-Dade County.

**305-670-6500 (Alliance for Aging)**

#### **Special Transportation Service (STS)**

Door-to-door paratransit transportation for Miami-Dade residents who meet ADA eligibility requirements.

**305-263-5406**

### **Broward County**

#### **Area Agency on Aging of Broward County (ADRC)**

One-stop shop for information on services for elders 60+ and adults with disabilities. Meals, transportation, housing, health insurance, and caregiver support.

**954-745-9567 | [adrcbroward.org](http://adrcbroward.org) | 5300 Hiatus Rd, Sunrise**

### **Broward County Elderly & Veterans Services**

Community Care for the Elderly program, behavioral health services, and veteran assistance for seniors at risk of nursing home placement.

**954-357-6622 | [broward.org/ElderlyAndVeterans](http://broward.org/ElderlyAndVeterans)**

### **Meals on Wheels South Florida (Broward)**

Home-delivered meals for homebound seniors in Broward County.

**954-731-8770 | [mealsonwheelssouthflorida.org](http://mealsonwheelssouthflorida.org)**

### **TOPS Paratransit (Broward)**

Door-to-door transportation service for Broward County residents who are unable to use regular public transit due to disability.

**954-357-8677**

## **Veterans Services**

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### **Miami VA Healthcare System**

Comprehensive healthcare services for eligible veterans including primary care, specialty care, mental health, and substance abuse treatment.

**305-575-7000 | [va.gov/miami-healthcare](http://va.gov/miami-healthcare) | 1201 NW 16th St, Miami**

### **Veterans Crisis Line**

Confidential support for veterans in crisis and their families. Available 24/7 by phone, text, or chat.

**Dial 988, then press 1 | [veteranscrisisline.net](http://veteranscrisisline.net)**

### **Broward County Veterans Services**

Free assistance to veterans, surviving spouses, and dependents with VA claims, benefits processing, and referrals.

**954-357-6622 | [broward.org/ElderlyAndVeterans](http://broward.org/ElderlyAndVeterans)**

### **Miami-Dade County Veterans Affairs**

Local veterans assistance with benefits counseling, claims filing, and referrals to VA services.

**305-375-4565**

### **MISSION UNITED (United Way of Broward)**

Comprehensive support for veterans transitioning to civilian life including housing, employment, legal, and mental health services.

**954-462-4850 | [unitedwaybroward.org/mission-united](http://unitedwaybroward.org/mission-united)**

### **Wounded Warriors Project**

Free programs and services for wounded veterans and their families including mental health, career counseling, and long-term support.

**888-997-2586 | [woundedwarriorproject.org](http://woundedwarriorproject.org)**

## **Transportation**

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### **Miami-Dade Transit (Metrobus, Metrorail, Metromover)**

Public transit system serving Miami-Dade County. Reduced fares for seniors, disabled, and students.

**305-891-3131 | [miamidade.gov/transit](http://miamidade.gov/transit)**

### **Broward County Transit (BCT)**

Public bus service throughout Broward County. Reduced fares available for seniors, disabled, and Medicare recipients.

**954-357-8400 | [broward.org/bct](http://broward.org/bct)**

### **Special Transportation Service — STS (Miami-Dade)**

Door-to-door paratransit service for ADA-eligible residents unable to use regular transit.

**305-263-5406**

### **TOPS Paratransit (Broward)**

Door-to-door service for Broward residents unable to use fixed-route bus service due to disability.

**954-357-8677**

### **Tri-Rail**

Commuter rail connecting Miami-Dade, Broward, and Palm Beach counties. Reduced fares for seniors and disabled riders.

**800-874-7245 | [tri-rail.com](http://tri-rail.com)**

## **Employment & Job Training**

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### **CareerSource South Florida**

Free career counseling, job search assistance, resume help, training programs, and employer connections for Miami-Dade and Monroe residents.

**305-594-7615 | [careersourcesfl.com](http://careersourcesfl.com)**

### **CareerSource Broward**

Free job placement, career training, resume workshops, and employer networking for Broward County residents.

**954-677-5555 | [careersourcebroward.com](http://careersourcebroward.com)**

### **Goodwill Industries of South Florida**

Job training, career development, employment placement, and community-based programs.

**305-325-9114 | [goodwillsouthflorida.org](http://goodwillsouthflorida.org)**

### **Urban League of Broward County — Workforce**

Job readiness workshops, career coaching, digital literacy training, and employment connections.

**954-584-0777 | [ulbroward.org](http://ulbroward.org)**

### **OIC of South Florida**

Free workforce development training, career certifications, and job placement services for underserved communities.

**305-693-6968 | [oicsfl.org](http://oicsfl.org)**

### **Community Justice Project**

Workers' rights legal assistance for low-wage workers including wage theft, discrimination, and unsafe working conditions.

**305-907-7600 | [communityjusticeproject.com](http://communityjusticeproject.com)**

## **Disability Services**

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### **Agency for Persons with Disabilities (APD) — South Florida**

State agency providing services and support for individuals with developmental disabilities including waivers, supported living, and employment.

**305-349-1478 (Miami) | 954-467-4218 (Broward) | [apd.myflorida.com](http://apd.myflorida.com)**

### **Florida Division of Vocational Rehabilitation**

Employment services for individuals with physical or mental disabilities including job training, placement, and assistive technology.

**305-377-5339 (Miami) | 954-677-5555 (Broward) | [rehabworks.org](http://rehabworks.org)**

### **The Advocacy Network on Disabilities**

Information, referral, and advocacy for individuals with disabilities in Miami-Dade County.

**305-892-7957 | [advocacynetwork.org](http://advocacynetwork.org)**

### **Disability Rights Florida**

Free legal advocacy and protection services for Floridians with disabilities.

**800-342-0823 | [disabilityrightsflorida.org](http://disabilityrightsflorida.org)**

## **Immigration Services**

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### **Americans for Immigrant Justice**

Free and low-cost immigration legal services for immigrants and refugees including asylum, DACA, family petitions, and deportation defense.

**305-573-1106 | [aijustice.org](http://aijustice.org) | 3000 Biscayne Blvd, Suite 400, Miami**

### **Catholic Charities — Immigration Services**

Legal immigration services including family petitions, naturalization, DACA renewals, TPS, asylum, and refugee resettlement.

**305-754-2444 (Miami) | 954-630-9501 (Broward) | [ccadm.org](http://ccadm.org)**

### **Florida Immigrant Coalition (FLIC)**

Statewide advocacy organization providing know-your-rights trainings, rapid response networks, and immigration resources.

**305-571-7254 | [floridaimmigrant.org](http://floridaimmigrant.org)**

### **USCIS Miami Field Office**

U.S. Citizenship and Immigration Services for applications, interviews, and naturalization ceremonies.

**800-375-5283 | [uscis.gov](http://uscis.gov)**

## **Education & Literacy**

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### **Miami Dade College — Continuing Education**

Affordable workforce training, GED preparation, ESL classes, and professional certifications.

**305-237-8888 | [mdc.edu](http://mdc.edu)**

### **Broward College — Continuing Education**

Career training, GED prep, ESL, and professional development courses at multiple Broward campuses.

**954-201-7350 | [broward.edu](http://broward.edu)**

### **Miami-Dade Public Library System**

Free computer access, WiFi, ESL and citizenship classes, job search assistance, and children's programs at 50+ branches.

**305-375-2665 | [mdpls.org](http://mdpls.org)**

### **Broward County Library**

Free computer access, WiFi, homework help, ESL classes, job search resources, and cultural programs at 38 branches.

**954-357-7444 | [broward.org/library](http://broward.org/library)**

## Literacy Coalition of Palm Beach County

Free reading, writing, and math tutoring for adults. Serves the broader South Florida region.

561-279-9103 | [literacypbc.org](http://literacypbc.org)

## Protect Yourself from Foreclosure Scams

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**If you are facing foreclosure, beware of companies that contact you promising to stop it. Watch for these warning signs:**

- They charge large upfront fees before providing any service
- They guarantee they can stop your foreclosure or save your home
- They tell you to stop communicating with your lender or servicer
- They ask you to sign over the deed or title to your property
- They tell you to send mortgage payments to them instead of your lender
- They pressure you to sign documents you don't fully understand
- They claim to be affiliated with your lender but cannot provide verification
- They contact you unsolicited claiming to have inside information about your loan

**Remember: HUD-approved housing counselors provide foreclosure help for FREE. Never pay upfront for foreclosure prevention services. If it sounds too good to be true, it is. Report scams to the Florida Attorney General at [myfloridalegal.com](http://myfloridalegal.com) or call 866-966-7226.**

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**Need help? The Valdivia Home Team is here for you.**

**(305) 846-8738 | [stopthatsalefl.com](http://stopthatsalefl.com)**

18600 NW 87th Avenue, Suite 108, Hialeah, FL 33015

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